

4 Days Bhutan Tour

URL: <https://himalayan360.com/trip/4-days-bhutan-tour/>

Destination

Bhutan Tours

Activity

Religious and Spiritual Tours

Start / End Point

Paro/Paro

Trip Type

Cultural Tour

Route

Paro-Thimphu-Paro

Duration

4

Destination

Bhutan

Language

Bhutan

Per Person From

USD 840

Group Size

1 - 20

Best Season

Mar, Apr, May, Sept, Oct, Nov, Dec

Transportation

Private Vehicle

Accommodation

Hotel

Meals

B.L.D Breakfast

Lunch

Dinner

Difficulty

Easy The trip is easy and suitable for everyone, including children and older people. It does not require any skills in mountain climbing or traversing difficult terrain.

Highlights of the 4 days Bhutan Tour

- You'll visit the Land of Thunder Dragons and the "Last Shangri-La" of South Asia.
- You'll explore two major cities of Bhutan, Thimphu and Paro.
- Take a tour of Tashichho Dzong or a fortress-monastery in the capital city.
- Go sightseeing to the National Institute of Zorig Chusum, Royal Takin Preserve, Craft Bazaar, and

weekend market.

- You'll hike to the sacred Taktsang Monastery or Tiger's Nest, at a cliff's edge.
- Witness and immerse yourself in the Bhutanese people's rich culture and peaceful lifestyle.
- Taste the local cuisine, including Bhutan's national dish, Ema Datshi, made with chili and cheese.
- Shop around busy markets and bazaars for traditional Bhutanese handicrafts and souvenirs to take back home.

4 Days Bhutan Tour Itinerary

Day 01: Arrival in Paro and Drive to Thimphu

- **Attraction of the day:** Thimphu City, Tashichho Dzong

You will land at the **Paro International Airport**, surrounded by Himalayan views. Landing at Paro marks the beginning of your Bhutan Trip. The airport lies at an elevation of 2,235 meters. As you land at Paro, you will get your first view of Bhutan's forested hills and the valley of Paro with stunning mountains. Your local guide will be at the airport to welcome and greet you. Then, you will drive to Thimphu, the capital city of Bhutan.

The drive to Thimphu takes slightly more than an hour. After you get to your hotel, your guide will help you check in. After some refreshments, you will explore Thimphu. On the day, you'll visit **Tashichho Dzong**, a Buddhist monastery on the northern side of the city. Similarly, you will taste traditional Bhutanese cuisine for lunch and dinner.

Meals:

Lunch and Dinner

Accommodations:

Jambayang Resort or similar

Day 02: Drive from Thimphu to Paro for Major Site Visit

- **Attraction of the day:** Zorig Chusum, Takin Preserve, Weekend Market, Craft Bazaar, Paro city

It's your first morning in Bhutan. Have breakfast and begin your tour with a drive to the main sights of Thimphu, including:

Zorig Chusum: The Government of Bhutan established the National Institute for Zorig Chusum in 1971. It preserves and promotes Bhutan's traditional art. Zorig Chusum translates to "**Thirteen traditional arts and Crafts**," representing thirteen traditional painting art forms. We get to see and gather insight into these unique art and craft forms during our visit.

Takin Preserve: Another site we will tour is the Takin Preserve in Thimphu, a wildlife reserve for Bhutan's national animal, the Takin. Originally, it was a mini-zoo that was later turned into a reserve. The preserve has a large area with pine forests. You can see the Takins move freely and leisurely grazing.

Weekend market: We will also visit a weekend market in Thimphu (if your visit falls on a weekend). The market is in a permanent space on the Western bank of the Wang Chu River. The vendors from around the area gather here to sell various commodities. You can find local goods, products, handicrafts, and even imported products in the market. It is a great place to buy local souvenirs. The market is divided into small sections, depending on the commodity type.

Craft Bazaar: The next place we will visit is the craft bazaar, located between the **Taj Tashi Hotel and the Royal Textile Academy** along the **Norzin Lam**. The market has 80 shops made of bamboo huts. Initially, the craft bazaar was established to promote talented rural-based artists who had mastered ancient Bhutanese arts. Now, young entrepreneurs from across the country gather here to show their arts and crafts. You can visit the market and shop for souvenirs.

After exploring Thimphu for the entire day, we will drive to Paro for our overnight stay.

Distance:

1 Hour

Meals:

Breakfast, Lunch and Dinner

Accommodations:

Hotel Olathang or similar

Trek Distance:

54km/33.5miles

Day 03: Explore the Taktsang Monastery & Hike

- **Attraction of the day:** Tiger Nest

We will enjoy our breakfast at the hotel and set off for a remarkable hike to **Tiger's Nest Monastery or Taktsang Monastery**. First, we will drive from our hotel to the base of the hiking trail. The hiking trail has several steep uphill and downhill climb sections. Additionally, the fresh mountain air, incredible scenery, and gorgeous view of the surrounding mountain heighten the excitement of the journey. There are also a few tea and coffee shops halfway on the trail where you can take a breather. We will cross a waterfall and ascend the stairs to the monastery.

Taktshang Monastery sits at the edge of a cliff at an altitude of 3,120 meters. The monastery is a vantage point and offers breathtaking views. According to the local legend, Guru Rinpoche flew to a tigress's back to meditate there. There are various temples and meditation caves in the monastery premises. You will get to immerse in the serene and spiritual atmosphere. The main Lhakhang, or monastery of the monastic complex, was built in 1692. However, a fire in 1998 destroyed the original monastery, which was later renovated. After the beautiful hike, we will descend and head back to Paro. In your spare time, you can explore the city.

Distance:

4 Hours

Ascent:

540m/1,772ft

Descend:

540m/1,772ft

Meals:

Breakfast, Lunch and Dinner

Accommodations:

Hotel Olathang or similar

Trek Distance:

6.4km/4miles

Day 04: Departure

The remarkable tour of the Land of Druk has come to an end. Your guide will help you transfer to Paro International Airport. They will also assist you with the luggage and check-in. You will get one last glimpse of Bhutan and its spectacular landscapes from the flight. We hope you had an unforgettable and enriching experience. Thank you for choosing us!

Meals:

Breakfast

Benefits of Booking a Bhutan Tour Package With Us

There is no shortage of travel agencies offering Bhutan Tour packages. So, what makes **Himalayan 360 unique**, and why should you book with us? Well, here are the reasons why:

- We collaborate with licensed Bhutanese tour operators approved by the Tourism Council of Bhutan (TCB) to ensure a smooth trip to Bhutan.
- Our staff have years of experience in travel and tourism. We provide a licensed Bhutanese guide with proper training and extensive knowledge about Bhutan's culture and destinations.
- Himalayan 360 is a responsible organisation. We fully know the importance of preserving the environment and following eco-tourism policy.
- You can easily customize your tour and itinerary to fit your requirements. Similarly, we can customize your itinerary to coincide with Bhutan's festivals or festival-based plans.
- You won't have to worry about hidden charges when booking with us. We're transparent about our trip policies and costs.
- We prioritize our clients' safety and satisfaction. Our guides will take the necessary action in emergencies to ensure your safety.

Do we need travel insurance?

Travel insurance is mandatory for 4 Days Bhutan Tour. Unforeseen events can happen during the journey despite following proper precautions and guidelines. As a result, travel insurance helps to provide financial safety and peace of mind. Travel insurance covers medical bills for injuries, sickness, medical evacuation, and emergencies. It also includes doctor fees during hospitalization. Some insurances cover loss, damage, and theft of personal baggage and belongings. Similarly, look for travel insurance that also covers tour postponement and cancellation.

Always select a reputable insurance company when purchasing travel insurance. Before getting travel insurance, check whether it covers the above-mentioned requirements. It is also crucial to check if the policy for Bhutan has any specific requirements or restrictions. The travel insurance must cover the duration of your Bhutan stay. Read all the terms and conditions of the insurance and clarify if you have any queries.

Bhutan Tour Include and Exclude

Include

- Airport Pickup & Drop.
- All sightseeing tour by private vehicle
- 1 Night Thimpu in 3-star hotel. (sharing basis)
- 2 Nights Paro in 3-star hotel. (sharing basis)
- 3 Meals per day during bhutan tour
- water bottle during day tour
- One Bhutnese English speaking tour guide
- All sightseeing entrance fees
- Government and local tax and agency service charges.
- Sustainable Tourism Royalty of USD100 per person per night.
- All internal taxes.

Exclude

- International Airfare. (Can be arranged with us)
- Domestic Airfare
- Extra night accommodation in Bhutan due to early arrival or late departure.
- Single room supplement
- Alcohol and cold drinks
- Personal ordered food
- Travel insurance that covers emergency rescue and evacuation. (Recommended)
- Tips for staff. (it is expected)
- Additional costs incurred due to causes beyond our control, for example weather conditions, landslides, itinerary modifications, illness, government policies change, strikes, etc.

Group Discounts Available

No. of Persons	Price per Person
1 - 1	USD 1,235
2 - 2	USD 1,015

No. of Persons	Price per Person
3 - 3	USD 960
4 - 4	USD 935
5 - 9	USD 920
10 - 12	USD 899
12+	USD 840

Common Question About 4 Days Bhutan Tour

Are 4 days enough for Bhutan?

Yes, days are enough to visit the major attractions of Bhutan and immerse in its unique and vibrant culture. The 4-day, 3-night Bhutan itinerary is efficient and budget-friendly. Within this time, you will visit major landmarks such as Taktsang Monastery, Takin Preserve or zoo, vibrant markets, museums, and more. Similarly, you will taste various local cuisines while touring Bhutan.

Why is Bhutan so expensive?

Bhutan has a “high value, low impact” tourism policy, so travelers must pay a Sustainable Development Fee (SDF) of USD 250 per person per day during the tour. Hence, traveling to Bhutan is expensive. The fee for nationals from India, Maldives, and Bangladesh is USD 65 per person daily. Moreover, tours in Bhutan are guided by government-certified guides, which further makes the tour expensive.

How much is a SIM card in Bhutan?

Depending on the service provider and the package, a SIM in Bhutan can cost around BTN 200 to BTN 500. Various data plans are available separately,

Is food cheap in Bhutan?

Food in Bhutan is budget-friendly. The average cost per person dining at an average Bhutanese restaurant is between USD 5 and USD 32. Meanwhile, the cost of 0.5 liters of local beer can range from USD 1.25 to USD 3.60. Local cuisines, such as Ema Datshi, dumplings, kewa datshi, etc., are usually cheaper than Western cuisines.

How to get internet in Bhutan?

There are plenty of internet cafes in major towns in Bhutan, where you can easily access the internet. Similarly, mobile operators in the country, such as B-Mobile (Bhutan Telecom) and TashiCell, also provide 3G and 4G network services with internet access. These operators offer various budget-friendly data packages, and travelers can buy them according to their requirements.

Will I have enough time to explore both Thimphu and Paro properly in just 4 days?

Yes, even on a 4-day tour, you’ll have enough time to explore both Thimphu and Paro properly. In fact, the tour involves visiting the most iconic and must-see landmarks of both cities, allowing you to explore most of the landmarks in each city. Yet, on the flip side, the 4-day tour doesn’t allow you to experience village stays and meditation.

Will I experience altitude sickness on a 4 days Bhutan tour?

It is unlikely to experience altitude sickness on a 4 day Bhutan tour as most of the activities involve general visits and don't involve physical excursions in high altitudes. Still, if you are sensitive and can't cope with altitude, you might experience symptoms of altitude-related issues on the Tiger's Nest hike.

Will I miss out on important Bhutanese experiences by doing only 4 days?

Can't say you'll miss important Bhutanese experiences, but you'll miss experiences like remote hikes, village stays, and visiting Bumthang by doing a 4 days Bhutan trip. However, if you are a first-time traveler to Bhutan, you'll experience Bhutanese culture and lifestyle as the trip includes visits to Paro and Thimphu.

Equipment Essential for 4 Days Bhutan Tour

To make the most of your Bhutan trip, packing smart is essential. You need to pack comfortable clothes according to the season, along with other personal and useful items. Here's a handy list of what to pack for your 4 days Bhutan Tour:

Clothing and Footwear

- T-shirt and shirts
- Windproof/ waterproof jackets
- Fleece or warm jacket
- Comfortable pants or trousers
- Warm layers (top and bottom)
- Inner wears
- A few pairs of blister-proof socks and warm socks
- Sun hats and warm beanies
- Scarves and gloves
- Comfortable and sturdy hiking shoes
- Sports shoes and sandals

Others

- Backpack (15 to 20 liters)
- Raincoat and raingear
- Water bottle
- Toiletries
- Sunscreen and sunglasses
- Smartphone, camera, and binoculars
- Adapters, chargers, and power banks
- Extra batteries
- First aid and personal medications
- A passport with valid travel documents
- Travel Insurance
- Bhutanese currency

What to Expect During a 3-Night & 4-Day Bhutan Tour

Spiritual Sites and Scenic Beauty

Bhutan is a Buddhist country, and during your tour, you'll visit several important religious sites. Expect to explore stunning dzongs (traditional fortresses) and centuries-old monasteries that are still active today. These places are where locals come to pray, meditate, and celebrate their traditions. If you have a few more days to spare, the [7 Days Bhutan Tour](#) offers a deeper dive into Bhutan's cultural gems and countryside, including Punakha and Dochula Pass.

One highlight is **Tashichho Dzong** in Thimphu, a grand fortress that serves both as a monastery and the seat of the Bhutanese government. Another unforgettable visit is to **Taktsang Monastery** (Tiger's Nest), perched dramatically on a cliff. The short hike through pine forests adds to the magic, and the views from the top, featuring snow-capped peaks along with the lush landscapes, make the effort worthwhile.

Paro & Thimphu City

Paro and Thimphu are two major cities in Bhutan that you can expect to visit during your tour. You will enter the country from the Paro International Airport. The Paro Valley is home to numerous monasteries, dzongs, and traditional farmhouses, all set amidst lush paddy fields, so be prepared to explore most of them. Some major attractions in Paro City include the **Tiger's Nest Monastery, Rinpung Dzong, Kyichu Lhakhang, and the National Museum of Bhutan (Ta Dzong)**.

Likewise, Thimphu is the capital city of Bhutan. You can witness the *tradition meets modernization* example in this city. You can see modern infrastructure here, but the tradition is still mixed into the architecture and people's lifestyle. The major attractions in Thimphu City are **Buddha Dordenma (a giant Buddha statue), Tashichho Dzong, National Memorial Chorten, National Institute for Zorig Chusum, Folk Heritage Museum, Takin Preserve, Weekend Market, and Thimphu Craft Market**. You can also visit along the Wang Chhu River while enjoying the peaceful atmosphere of the city.

Ecotourism

Bhutan is a global leader in sustainable travel. It's the only carbon-negative country in the world, meaning it absorbs more carbon than it emits. To keep its nature and culture safe, Bhutan has some special travel rules.

Tourists (except Indians) must pay a Sustainable Development Fee (SDF) of about USD 100 per day. Indian travelers pay INR 1200 per night. Children aged 6 to 12 pay half, and kids under 5 years don't have to pay at all. These fees go directly toward preserving Bhutan's environment, infrastructure, and culture.

Bhutan follows a principle called "*High Value, Low Impact*." This means it welcomes travelers who respect nature and culture. All trips are conducted with local guides who know the country well. As a visitor, you need to follow the rules, respect local customs, and support local businesses by buying handmade items or local food.

A Blend of Cultural & Natural Splendor

During the 3 Nights & 4 Days Bhutan Tour, you will experience the country's culture and pristine nature. From ancient monasteries and dzongs to rhododendrons and pine forests, the scenery and experience are impeccable. Religion and culture are deeply ingrained in the Bhutanese people and are reflected in their daily lifestyles. If Bhutan's monasteries intrigue you, the [Tibet Overland Tour](#) offers another angle into Himalayan Buddhism, with visits to Lhasa, Shigatse, and ancient high-altitude temples which may be suitable for explorers.

Staying in traditional accommodations and visiting heritage sites and museums will give you a fresh experience. Likewise, you will try the country's culinary tastes during the tour. The stunning landscapes of Bhutan and gorgeous mountain views will further make the tour an extraordinary experience.

Best Season For Bhutan Tour

Bhutan experiences four seasons: spring (March to May), summer (June to August), autumn (September to November), and winter (December to February). These seasons influence the country's weather and climatic conditions. Every season has its own charm and offers a unique touring experience. Here is a brief on all four seasons in Bhutan so you can decide which one is right for your tour:

Spring (March to May)

Spring is, without a doubt, one of the best times for the Bhutan Tour. The season has the best weather and climate conditions for traveling to the Land of Druk. During spring, the weather is favorable, with moderate temperatures. The days are bright and sunny with longer daylight. Similarly, the average temperature in Bhutan at this time is around 44 to 23 degrees Celsius. The temperature in the southern part of the country is around 20 degrees Celsius. Meanwhile, the temperature in the northern part is between 8 to 10 degrees Celsius.

The spring season is also an active time for flora and fauna. Bhutan is home to diverse Himalayan plants and wildlife species. So you can see the vegetation lush and green, with blooming rhododendrons at these times. These color the entire landscape of the country. Additionally, travelers can get the opportunity to observe and be part of a five-day festival, Paro Tsechu. The festival usually falls during late March/ early April month. Therefore, spring is an ideal time for 4 Days Bhutan Tour.

Summer (June to August)

The monsoon season enters Bhutan during summer. As a result, there is heavy rainfall all across the country. The weather is hot and humid at this time of the year, with average temperatures between 15 and 25 degrees Celsius. Due to heavy rain, the roads are blocked by landslides and mudslides. Additionally, the skies are cloudy, with heavy rain clouds blocking the view.

Guru Rinpoche's birth anniversary falls in summer, marked by the Nimalung Tschechu festival. Due to bad weather conditions and poor visibility, summer is not recommended for the 4 Days Bhutan Tour. It is best to avoid this season.

Autumn (September to November)

The next best season for the 4 Days Bhutan Tour is in autumn. It has the most stable and favorable

weather conditions for traveling to this beautiful country. With the beginning of the autumn season, monsoons also leave Bhutan. As a result, the precipitation level is low, and the days are clear and crisp. The average temperature in Bhutan ranges from 5 to 23 degrees Celsius. But Bhutan's southern region temperature ranges around 22 degrees Celsius, while the temperature in the northern region is between 4 to 12 degrees Celsius.

In autumn, rain leaves the green vegetation and stunning landscapes lush and vibrant. Similarly, due to the clear weather, visibility is excellent at this time of the year. It is also the best time to witness the stunning beauty of Bhutan and its gorgeous Himalayas without obstruction. Moreover, various festivals such as Thimphu Tsechu, Thangbi Mani, Tamzhing Phala Choepa, and more fall during this time of the year. You can observe and be part of the festive celebration while touring Bhutan in autumn.

Winter (December to February)

Many consider winter as an off-season for trekking and touring. However, It is the best time to take the 4 Days Bhutan Tour and glimpse the country's beautiful snow-covered landscapes and panoramic vistas. The weather is usually sunny in the daytime, but the temperature plunges at night. It can be pretty chilly during nights and mornings. In higher regions, the temperature drops below the freezing zone. The average temperature of Bhutan is between 3 to 15 degrees Celsius, but it can get colder.

If you are a wildlife enthusiast or bird watcher, you will get a chance to observe the rare black-necked crane. These birds migrate to Bhutan during winter to breed. Likewise winter is also the time for the famous annual three-day festival of Trongsa Tshechu. This festival is celebrated at Trongsa Dzong. You will need to pack a lot of warm clothing to travel to Bhutan in winter. But it is worth it. There are usually fewer tourists at popular sites, and you can enjoy the tour more peacefully. So, contrary to many people's belief, winter is a good time for the Bhutan Tour.

Festivals in Bhutan

Bhutan's deep-rooted religion and spirituality are reflected in its festivals. The country celebrates at least one festival each month, and many annual festivals are held in monasteries and dzongs. Bhutanese people celebrate their festivals with colorful mask dances, traditional singing, music, communal prayer, and gatherings. During some festivals, sacred rituals and ceremonies are held. Travelers are welcome to participate in the festive atmosphere and immerse themselves in the unique cultural experience that Bhutan has to offer.

Some major festivals of Bhutan are **Paro Tshechu** (March or April), **Thimphu Tshechu** (September or October), **Punakha Drubchen and Tshechu** (February or March), the **Black-Necked Crane Festival** (November), **the Haa Summer Festival** (July), **Jambay Lhakang Drup** (October or November), and **the Dochula Druk Wangyel Festival** (December), among others.

Note: *The festivals follow the lunar calendar, so that dates may vary each year.*

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Address

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Galkopakha Marg - Kathmandu - Nepal