

5 Days Buddhist Pilgrimage Tour

URL: <https://himalayan360.com/trip/5-days-buddhist-pilgrimage-tour/>

Destination

Nepal Treks & Tours

Activity

Cultural and Historical Tours

Start / End Point

Kathmandu/Kathmandu

Trip Type

Religious Tour

Route

KTM-Namobuddha-Lumbini-KTM

Duration

5

Destination

Kathmandu, Lumbini

Language

Kathmandu, Lumbini

Per Person From

USD 270

Group Size

1 - 20

Best Season

Mar, April, May, Sept, Oct, Nov, Dec

Transportation

Private Vehicle

Accommodation

3-Star hotel

Meals

Breakfast

only Breakfast is included

Difficulty

Easy The trip is easy and suitable for everyone, including children and older people. It does not require any skills in mountain climbing or traversing difficult terrain.

Buddhist Pilgrimage Tour Highlight

- Visit major Buddhist sites in Nepal: Boudhanath, Swayambhunath, Pharping Monastery, Lumbini, and Ramagram Relic Stupa.
- Explore several historical places in Lumbini, including Maya Devi Temple, World Peace Pagoda, Ashoka Pillar, Kutan Stupa, among others.
- Visit Tilaurakot, the ancient palace of King Siddhodhan, Buddha's father.

- Discover Nepal's cultural richness in its temples, statues, art, and traditional foods.
- Learn about Buddhist history and teachings from local monks and experienced guides.
- Travel with helpful guides and staff who ensure your safety and comfort.
- Connect with other pilgrims who share your interest in Buddhism and spirituality.
- Meet and interact with local people to learn about their daily life and customs.
- Take part in spiritual activities like chanting, meditation, and prayer at holy sites.
- Learn about Buddhist history and teachings from local monks and experienced guides.
- Enjoy clean, comfortable lodges and tasty Nepali meals during your trip.

5 Days Buddhist Pilgrimage Tour Itinerary

Day 01: Day Trip to Namobuddha and Bouddhanath Stupa

- **Attraction of the Day:** Namobuddha, Bouddhanath stupa

Your Buddhist pilgrimage tour in Nepal begins with visits to two of the most peaceful and sacred Buddhist sites within and near Kathmandu, which are Boudhanath and Namobuddha. First, you'll head to Namobuddha. It is a beautiful hilltop site where, it's believed, Buddha, in his previous life, offered his body to a hungry tigress and her cubs. The place is surrounded by hills, and a chance to witness mountain views makes it an inspiring place to reflect and learn about compassion.

Later, in the afternoon, you'll visit the Budhanath Stupa. It is one of the largest and most important Buddhist pilgrimage sites in the world. The area around Boudhanath is alive with prayer flags, spinning wheels, and local monks doing their daily rituals. As you walk around the stupa with locals and monks spinning prayer wheels, you'll feel the calming energy of the place. After your visit day, you'll return to your hotel (Hotel Surya Heritage / Kathmandu Business Hotel or similar) in Thamel and rest for the night.

Meals:

N/A

Accommodations:

Hotel Surya Heritage / Kathmandu Business
Hotel or similar

Day 02: Drive to Lumbini

- **Attraction of the Day:** Lumbini City

On the second day, after breakfast at the hotel, we will drive to Lumbini, the birthplace of Lord Gautam Buddha and the place where Buddha spent most of his life. It's a long but scenic journey and takes around 9 hours, depending on road conditions.

Once you arrive in Lumbini, you'll check into your hotel (Hotel Bodhi Red Sun or similar) and relax. If you're not too tired, you can walk around Lumbini in the evening. This is a great time to soak in the peaceful energy of the area before a full day of exploration tomorrow. Get ready to explore the places circled around the early life of Buddha tomorrow.

Meals:

Breakfast

Accommodations:

Hotel Bodhi Red Sun or similar

Day 03: Lumbini Day tour

- **Attraction of the Day:** Mayadevi temple, Ashoka Pillar, Monasteries, Tilaurakot, Kudan

Today is a special day as you explore the Buddhist religious sites of Lumbini. You'll visit the Maya Devi Temple, where Buddha was born, and the Ashoka Pillar, built by the Indian emperor to mark this special site. You'll also explore monasteries built by different Buddhist countries.

Later, you'll head to Tilaurakot. Tilaurakot is the ancient palace where Prince Siddhartha (Buddha) spent his early life. We will also explore Kudan, where he reunited with his family after enlightenment. These places offer a deeper understanding of Buddha's personal journey and help you understand his life more closely. After a meaningful day, you'll return to your hotel in Lumbini for a peaceful evening.

Meals:

Breakfast

Accommodations:

Hotel Bodhi Red Sun or similar

Day 04: Lumbini to Kathmandu, on the way, visit Ramagram Relic Stupa

- **Attraction of the Day:** Ramagram Relic Stupa

On day 4, after breakfast, you'll begin your drive back to Kathmandu. On the way, you'll stop at the Ramagram Relic Stupa. This stupa is one of the eight original sites where Buddha's relics were enshrined after his passing. What makes Ramagram special is that it's the only one of the original relic stupas still in its untouched, original form. Because of this, it holds deep spiritual importance, and many Buddhists hope to visit Ramagram at least once in their life.

After your visit, you'll continue your journey to Kathmandu. Once you reach the city, you'll check into your hotel in Thamel. You can relax, take a stroll, or prepare for your final day of pilgrimage.

Meals:

Breakfast

Accommodations:

Hotel Surya Heritage / Kathmandu Business
Hotel or similar

Trek Distance:

295 km/183miles

Day 05: Pharping and Monkey Temple day tour

- **Attraction of the day:** Pharping and Monkey Temple

On your last day, you'll visit two spiritually rich sites in Kathmandu - Pharping and Monkey Temple (aka Swayambhunath). Pharping is a quiet hill village with deep significance in Tibetan Buddhism. It's believed to be where Guru Rinpoche (Padmasambhava) meditated and attained enlightenment. You will visit the sacred Asura Cave and nearby Buddhist monasteries while in Pharping.

Later, you'll explore Swayambhunath, famously known as the Monkey Temple and one of the UNESCO World Heritage Sites of Kathmandu. Located on a hilltop, this ancient stupa offers a beautiful view of Kathmandu Valley. With fluttering prayer flags and spinning wheels, it's the perfect place to end your pilgrimage with peace and reflection before heading home.

Meals:

Breakfast

Accommodations:

Hotel Surya Heritage / Kathmandu Business
Hotel or similar

Why choose the 5 days Buddhist Pilgrimage Tour?

You should choose the 5 days Buddhist Pilgrimage tour if you want to learn the teachings of the Buddha while finding a sense of peace and reflection amidst the hustle and bustle of daily life. If you are interested in learning more about Buddha then you should definitely visit the birth place of Buddha, Lumbini through [Lumbini Tour](#). In just a few days, you'll visit some of the most sacred Buddhist sites in Nepal, like Lumbini, Namobuddha, Boudhanath, Swayambhunath, and Pharping. The Buddha's footprints have truly moved and influenced the world in the most positive way. You will have the opportunity to experience just that on this very tour.

Also, if you're looking to find yourself, this tour will provide insight into how to do just that. Meeting monks, visiting monasteries, and joining quiet moments of prayer or meditation can help you connect more deeply with yourself. Additionally, the 5 days Buddhist Pilgrimage tour is not physically exhausting for the travelers. You can visit each location and enjoy each slow moment with your friends and family. Another best part about this tour is that it suits all age groups.

Includes/Exclude of 5 days buddhist Pilgrimage Tour

Includes

- Confirmable private vehicle for the tour as per the Group size and itinerary only

- 2 nights in Lumbini
- 3 nights in Kathmandu
- **Food: 5**Breakfast
- All entrance fees as per mentioned places in the itinerary
- English-speaking local guide with decade of experience
- All internal taxes
- Bottle of water per day during the tour

Exclude

- Kathmandu to Lumbini and Lumbini to kathmandu flight ticket with airport transfer
- Extra night in kathmandu
- Extra night in Lumbini
- Lunch, Dinner and drinks
- Entrance is not include for second visit

Except speaking English others language speaking is not included

- All the services outside the list, including services, single supplementary

Group Discounts Available

No. of Persons	Price per Person
1 - 1	USD 990
2 - 2	USD 510
3 - 3	USD 488
4 - 4	USD 399
5 - 7	USD 380
8 - 10	USD 299
10+	USD 270

Frequently Asked Questions about 5 Days Buddhist Pilgrimage Tour

What is the purpose of the Buddhist pilgrimage?

The purpose of the Buddhist pilgrimage is to **develop oneself spiritually**. Buddha was once known to help his followers be led towards the pathway he had followed to attain enlightenment. You will not necessarily be led towards enlightenment, but you will find a better truth about living life as a human being and spiritually connecting with yourself.

What is the most important Buddhist pilgrimage site?

The most important Buddhist pilgrimage site in Nepal is **Lumbini**. The location is popular worldwide because it is the birthplace of Lord Buddha. It is believed that he was born to Queen Maya Devi and King Suddhodhana as a prince there. However, he later shifted to a life without luxury and followed the path of enlightenment, away from Lumbini.

How long does a Buddhist pilgrimage take?

The Buddhist pilgrimage takes around **5 days** in total when you're traveling in Nepal. Given that Lord Buddha was born in Nepal, you can experience pure bliss as you go from one landmark to another, where you can find remnants of either Lord Buddha or his followers.

What is the holy city of Buddhism?

Lumbini in Kapilvastu is considered the holy city of Buddhism. The birthplace of Buddha has now become a famous tourist site for Buddhist followers worldwide. You will fall in love not just with the Maya Devi temple and the Buddhist elements in the city, but you can also explore the peacefulness of the city that you wouldn't find elsewhere.

Who is the founder of Buddhism?

Lord Buddha is the founder of Buddhism. Siddhartha Gautama was born a prince until he felt a need to explore the world outside his luxury-laden palace in Lumbini. He decided to follow the path of Buddhism, which helped him gain enlightenment and made him one of the most powerful religious figures in the world.

Are vegetarian and Satvik meals available along the Buddhist Pilgrimage Tour in Nepal?

Yes, vegetarian and Satvik meals are easily available during the Buddhist Pilgrimage Tour in Nepal. Since Buddhism promotes non-violence and respect for all living beings, most places you visit will naturally offer vegetarian and Satvik food options.

Spiritual Significance of Nepal in Buddhism

Nepal holds a special place in Buddhism as the birthplace of Siddhartha Gautama, the Buddha. Pilgrims, monks, and spiritual seekers from all over the world come to Nepal to walk the same paths the Buddha once did, meditate in peaceful monasteries, and feel a deep spiritual connection. From Lumbini to Budhanath, there are several major pilgrimage sites to visit.

Likewise, different types of Buddhism: Theravada, Mahayana, and Vajrayana are practiced in Nepal. You can see many kinds of temples and monasteries that reflect this mix. There are Tibetan monasteries, Newar Buddhist shrines, and Theravada meditation centers. Some are small and simple, while others are big and colorful. There are also quiet places in the mountains where people go for meditation and spiritual retreats.

Furthermore, Buddhism is a living part of everyday life in Nepal as well. You'll see prayer flags flutter from rooftops on houses, mani walls lining the trails, and people lighting butter lamps at sunrise and sunset. Festivals like Buddha Jayanti are also celebrated with devotion across the country. Everywhere you go, you'll see how people keep Buddhist beliefs and traditions alive in their everyday routines. All of this makes Nepal not just a historical center of Buddhism, but also a place where the faith is actively lived and shared.

So, ready to begin your spiritual journey? Join our 5 days Buddhist Pilgrimage Tour. Visit sacred sites, feel the peace, and explore the roots of Buddhism in Nepal.

Are vegetarian and Satvik meals available along the Pilgrimage Tour?

Yes, vegetarian and Satvik meals are available along the Buddhist pilgrimage tour in Nepal. Many places offer vegetarian food as a natural part of the culture. While on the trip, you can also request your tour operator arrange a special vegetarian and Satvik meal for you in advance.

Though the Satvik meal is a concept from Hinduism, you can find its importance in Buddhist monastic diets too. You will not have a hard time finding a good place to eat clean and healthy on this journey. There are many guesthouses and restaurants that **offer vegetarian meals without garlic, onions, and more spices**, which may benefit your health as well as the motive of your trip. Home-cooked meals that monks eat usually align with the Satvik principles of making food. You can enjoy such food in this spiritual retreat at your guest house itself.

Buddhist Pilgrimage Tour: An insight into the life of lord Buddha and his Teachings

The Buddhist Pilgrimage tour is meant to give you an insight into the life of Lord Buddha and his teachings. Unlike most other tours, even within the Kathmandu Valley or in Nepal, you won't only be exploring the major sites within the country through sightseeing, you will be learning as you explore. The teachings of Buddha can be seen through the artworks in the monasteries, the way of life of the people and monks who follow Buddhism, and the landmarks that the life of Lord Buddha has impacted.

Over the years, many people from around the world have followed the path of Lord Buddha and experienced nothing but bliss in their lives. His path of non-violence, truth, and simplicity led him to enlightenment, and today these same principles continue to inspire many. Visiting the Buddhist pilgrimage sites will help you discover how you can eventually be led towards Moksha and even attain Nirvana. If you're not interested in spiritual living, you can still gain helpful insights for a better, simpler life through this Buddhist pilgrimage tour.

Address

Address:

Galkopakha Marg - Kathmandu - Nepal