

Annapurna Circuit Trek

URL: <https://himalayan360.com/trip/annapurna-circuit-trek/>

Destination

Nepal Treks & Tours

Activity

Trekking and Hiking

Start / End Point

Kathmandu/Kathmandu

Duration

10

Per Person From

USD 599

Max. Altitude

5,416 m/17,770 ft

Group Size

2 - 18

Best Season

March, April, May, September, October & November

Activities

5-6 hours

Trek Distance

65.6 km/40.7 mile

Transportation

Bus, jeep

Accommodation

Tea house or lodge, 3-star hotel

Meals

Breakfast, Lunch, Dinner

Difficulty

Challenging

Major Highlights of the Annapurna Circuit Trek

- Throughout the trek, you'll witness stunning views of **Annapurna, Dhaulagiri, Machapuchare, and Gangapurna**.
- You'll conquer Thorong La Pass, one of the highest trekking passes at **5,416 meters (17,769 feet)**.
- The journey takes you to the rich Tibetan-influenced culture and traditions in Manang.
- You'll visit the holy Muktinath Temple, a spiritual destination for both Hindus and Buddhists.
- Walk through dense forests, terraced fields, and arid landscapes.
- Pass through charming villages like Besisahar and Chame, where you can interact with locals.
- Hike through blooming rhododendron forests if trekking during March - May.
- Spot wildlife like Himalayan tahr, blue sheep, and pheasants along the trek route.

10 days Annapurna Circuit Trek day by day Itinerary

Day 01: Drive from Kathmandu (1,400m/4,593ft) to Besisahar (760m/2,493ft)

Our journey begins with an early morning ride from **Kathmandu**. We will drive along winding roads with views of lush green hills, terraced fields, and small settlements. As we descend toward Besisahar, we will follow the **Trishuli and Marsyangdi rivers**. The road is smooth in the beginning, but as we get closer to Besisahar, we will face some off-road sections. Beautiful villages, green hills, and terraced farms are the key scenery along the way.

A 7-hour drive from Kathmandu takes you to Besisahar, covering a distance of **197km/ 116 miles**. From the busy capital city of Kathmandu, you'll be in the peaceful town of Besisahar, where you'll stay overnight. Besisahar lies at an elevation of **760 m (2,493 ft)** in the Lamjung district of Gandaki Province. Additionally, Besisahar serves as the entry point for trekkers heading to the Annapurna Circuit.

Highest Altitude:

1,400m/ 4,593ft Kathmandu

Meals:

Lunch and Dinner

Accommodations:

Guest House

Day 02: Drive from Besisahar to Chame (2,650m/8,694ft)

We will continue our journey into the Annapurna region, leaving Besisahar and driving toward Chame. The road will get bumpier as we pass Jagat, Dharapani, and Timang villages. The road is a narrow dirt track with cliffs and landslide-prone areas. Although the climb can be tiring, it offers stunning mountain views, making it a rewarding experience. Thus, due to the tough sections, only 4WD Jeeps will be able to handle the road. Apart from difficulty, the ride offers a stunning view of the Marshyangdi River, waterfalls, terraced fields, and traditional villages.

After 5 hours of riding, we will reach **Chame, the district headquarters of Manang**. From here, we will enjoy amazing views of the **Lamjung Himal and Annapurna II**. The village lies at an approximate altitude of **2,650m** and **62km from Beshisahar**. Your day's overnight and dinner are at the tea house or lodge of Chame.

Highest Altitude:

2,650m/8,694ft Chame

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Tea House or Lodge

Day 03: Trek Chame to Pisang (3,300 m/10,827 ft)

Early in the morning, we will start our trek with an uphill walk through dense pine forests, crossing several wooden bridges. Along the way, we will pass through Bratang village, famous for its apple

orchards. Similarly, we'll walk along the **Marshyangdi River**, crossing suspension bridges. The trail gets steeper in the afternoon as we approach Dhikur Pokhari, a scenic resting point offering the first clear views of **Pisang Peak and the Annapurna ranges**.

After a gentle rise, we will reach Pisang, a picturesque village with both traditional and modern houses. There are two parts of Pisang: one is Lower Pisang (3,200m), and the other is Upper Pisang (3,300m). Yet, we'll stay in Upper Pisang as it will be easy to begin another day's hike. It takes 5 hours to get to Upper Pisang from Chame, covering a distance of **13.8 km**.

Distance:

5 Hours

Ascent:

827 m/2,713 ft

Descend:

163 m/535 ft

Highest Altitude:

3,300 m/10,827 ft Pisang

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Tea house or lodge

Trek Distance:

13.8 km/8.5 miles

Day 04: Trek Pisang to Manang (3,540m/11,614 ft)

On Day 4, we will begin our trek after having breakfast in Upper Pisang. The route is more challenging than the lower section, but far more stunning. The Upper Pisang section offers the best views of the Annapurna massif and Gangapurna. The pathway passes through the village of Ghyaru and Ngawal before reaching Manang. One of the highlights of the trek is the chance to visit the ancient **Ngawal Monastery**.

After walking for 5 hours, covering a distance of 16km, we will reach the day's destination. Manang is known for its Tibetan culture, monasteries, and stunning mountain views. Today, we will also visit the **Gangapurna Glacier** and the beautiful Marsyangdi Valley, further enhancing the beauty of the trip.

Distance:

5 Hours

Ascent:

360 m/1,181 ft

Descend:

120 m/393 ft

Highest Altitude:

3,540m/11,614 ft Manang

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Tea house or lodge

Trek Distance:

16 km/10 miles

Day 05: Acclimatization in Manang (3,540m/11,614 ft)

This is an important acclimatization day to adjust to the increasing altitude. Manang, at an elevation of 3,540m, is high enough that your body needs time to adjust to the altitude and helps with upcoming challenges, making it an ideal location for acclimatization. On the day, we won't rest all day; instead, we'll take a short hike to a higher location and then return to Manang, following the rule "**climb high, sleep low.**"

We will take a short hike to either **Gangapurna Lake or Manang Viewpoint**, where we can enjoy panoramic views of Tilicho Peak, Annapurna III, and Chulu West. Alternatively, you can take a whole day off and rest in the hotel. In the evening, we can explore the beautiful village, visit monasteries, bakeries, and cultural sites, and prepare for the higher altitude ahead.

Distance:

3 Hours

Ascent:

450 m/1,476 ft

Descend:

450 m/1,476 ft

Highest Altitude:

3900m/12,795 ft Manang viewpoint

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Tea house or lodge

Trek Distance:

4 km/2.4 miles

Day 06: Trek from Manang to Yak Kharka (4,018 m/13,182 ft)

We will leave Manang behind and begin our gradual ascent toward Yak Kharka. The trekking route leads us through **Tenki Village**, where we will climb higher. As we move further, we will pass Gunsang. It is a small settlement with a few tea houses. Throughout the trek, we will see mesmerizing views of **Annapurna III, Gangapurna, and Tilicho Peak.**

As we continue our trek, we'll experience a change in landscape, with no more forest left, but grassy slopes, scrub bushes, and rocky cliffs surrounding us. Upon reaching Yak Kharka, a peaceful high-altitude land, we will rest at a cozy tea house and enjoy the stunning mountain scenery. It takes about 4 hours to get to Yak Kharka from Manang, covering a distance of 9.8km.

Distance:

4 Hours

Ascent:

478 m/1,371 ft

Descend:

0 m/ 0 ft

Highest Altitude:

4,018 m/13,182 ft Yak Kharka

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Tea house or lodge

Trek Distance:

9.8 km /6 miles

Day 07: Trek from Yak Kharka to Thorung High Camp (4,925 m/16,158 ft)

After breakfast at Yak Kharka, we'll continue our trek. Today's journey takes us to Thorung High Camp, an important stop before crossing the **Thorung La Pass**. The **8 km (5 miles) trek takes around 5 hours** and involves a steady climb through difficult terrain. As we ascend, we will cross Ledar. It's a gradual climb along narrow sections.

After crossing a wooden bridge over the Jarsang Khola, we will make our way toward Thorung Phedi. From here, we will take a steep but short climb to Thorung High Camp, where we will settle in for the night, preparing for the trek's toughest and most rewarding section.

Distance:

5 Hours

Ascent:

854 m/2,802 ft

Descend:

53 m/174 ft

Highest Altitude:

4,925 m/16,158 ft, Thorung High camp

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Tea house or lodge

Trek Distance:

8 km /5 miles

Day 08: Trek from Thorung High camp to Muktinath via Thorung La pass and drive to Jomsom

We will begin our trek early in the morning, as we have a long and challenging day ahead of us. The ascent to **Thorung La Pass (5,416m/17,769ft)** is steep and requires slow, steady pacing. After about 4 hours of climbing, we will reach the top, where eye-popping views of Dhaulagiri, Annapurna, and Mustang Valley will welcome us. The feeling of accomplishment at this high-altitude pass is indescribable.

From here, we will start our long descent of **1,747m (5,732ft)** to Muktinath, which takes about 4-5 hours. The pathways down are steep and tiring, but as we get closer to Muktinath, the landscape changes into Mustang's dry, desert-like terrain. Muktinath is a sacred site for Hindus and Buddhists, known for its eternal flame and 108 water spouts. After a short exploration, we will take a jeep ride to Jomsom, where we will spend the night.

Distance:

9 Hours

Ascent:

535 m/1,755 ft

Descend:

1,747 m/5,732 ft

Highest Altitude:

5,416 m/17,769 ft, Thorung La pass

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Tea house or lodge

Trek Distance:

14 km / 8.6 miles

Day 09: Drive from Jomsom to Pokhara

After an adventurous yet rewarding trek, we will take a scenic 8-hour drive covering 152 km (95 miles) from **Jomsom to Pokhara**. The drive passes through the charming villages of Marpha and Tukucho, following the Kali **Gandaki Gorge**. As we move closer to Pokhara, we will see a transition from the dry, barren landscapes of Mustang to lush, green hills. The road is bumpy and rough, but it offers a view of the Nilgiri and Dhaulagiri ranges.

Upon arrival at Lakeside Pokhara, we will check into a comfortable 3-star hotel and have the rest of the day to relax or explore the beautiful lakeside area. You'll have the freedom to choose your dinner on this day. Thus, you can enjoy your dinner at the lakeside while having your favourite meals. Your overnight is at the hotel in Pokhara.

Highest Altitude:

2,720m/8,924ft Jomsom

Meals:

Breakfast, Lunch

Accommodations:

3 Star Hotel

Day 10: Drive from Pokhara to Kathmandu

Day ten is our final day, we will take a **7-hour drive covering 210 km (130 miles) back to Kathmandu**. The drive offers views of rivers, terraced fields, and traditional villages. Along the way, the drive passes through Mugling, a major highway junction, before reaching Kathmandu city. Once we arrive in Thamel, a famous tourist destination, we will check into our 3-star hotel and have time to explore its markets.

Furthermore, you can shop for souvenirs for your friends and family. Thamel is renowned for its souvenirs, including Pashmina scarves, singing bowls, handicrafts, statues, and Tibetan art. For the local market, consider visiting Asan Bazaar. In the evening, we'll gather for a farewell dinner. Overnight stay is at the hotel in Thamel.

Highest Altitude:

1,400 m/4,593 ft Kathmandu

Meals:

Breakfast, Dinner

Accommodations:

3 Star Hotel

Annapurna Circuit Trek Includes/Excludes

Includes

- Kathmandu to Besisahar by public bus

- Besisahar to Chame by Local jeep
- Muktinath to Jomsom by Local jeep
- Jomsom to Pokhara by Public Bus
- Pokhara to Kathmandu by Tourist Bus
- 1 Night in Kathmandu in a 3-star hotel (sharing basis)
- 1 Night in Pokhara 3 Star hotel (sharing basis)
- 8 nights in Mountain Tea House Lodge (sharing basis)
- Meals: 9 Breakfast, nine Lunch, 9 Dinner
- Support: One guide during the trek
- ACAP permit fees.
- TIMS card fees
- Local Gov. Permit Fees
- Gov. and local tax and agency service charges
- Free luggage storage services in Kathmandu
- Appreciation Certificate after the successful trek
- Farewell dinner at the end of the trek

Excludes

- International and Domestic airfare.
- Nepal visa fees.
- Extra night accommodation in Kathmandu due to early arrival, late departure, or early Return from the trek.
- Travel insurance that covers emergency high-altitude rescue and evacuation (compulsory)
- Additional costs incurred due to causes beyond our control, for example, weather conditions, landslides, itinerary modifications, illness, government policy changes, strikes, etc.
- Excess baggage charges (Limit is 9 kg per Person) on the trek
- Personal porter for trek
- Personal clothing and gear, and Personal expenses: shopping, snacks, boiled water, drinks, hot shower, alcohol, Wi-Fi, calls, battery charging, extra porters, etc.
- Tips for staff (it is expected)
- All other costs and expenses not listed in “including”

Group Discounts Available

No. of Persons	Price per Person
2 - 2	USD 790
3 - 3	USD 740

No. of Persons	Price per Person
4 - 6	USD 690
7 - 12	USD 620
13 - 20	USD 599

Annapurna Circuit Trek FAQ's

How long does it take to trek the Annapurna Circuit?

The Annapurna Circuit Trek can be completed within 10 to 20 days, depending on your preference and fitness level. If you book with us, we can complete this adventure together in 10 days. However, you need to be in good physical and mental fitness.

How challenging is the Annapurna Circuit trek?

The Annapurna Circuit trek is considered a challenging adventure if you are unprepared. Graded to be 7 out of 10, the trek's higher altitude, rugged terrain, and remoteness add some difficulty. We recommend hiring a guide for enhanced safety if you are a beginner.

Can beginners do the Annapurna Circuit?

Yes, the Annapurna Circuit Trek can be done by a beginner, but you need to be well-prepared. We generally recommend that you participate in physical and mental training 3 to 4 months prior to your adventure. Similarly, you should hire a guide for your adventure, as they help increase your safety and enhance your overall trekking experience.

What level of fitness is needed for the Annapurna Circuit?

Annapurna Circuit Trek requires a good level of fitness. As the trek requires more endurance, stamina, and strength, you should be physically and mentally ready to complete this adventure. Exercises such as hiking, running, squats, planks, and many more can be beneficial for you.

Is the Annapurna Circuit trek safe?

Yes, the Annapurna Circuit Trek is generally safe. However, it can be quite challenging and demanding for you. Some difficulties include altitude, terrain, and weather. With great preparation, you can easily complete this trek. To further increase your safety during the trek, you can also hire a guide or book through a registered travel company.

Which is better, the Annapurna Circuit or the base camp?

ABC can be best for your over-circuit trek if you are looking for a relatively easy trek. However, if you are seeking a more thrilling and natural beauty experience, Circuit Trek should be on your priority list. The circuit trek requires more days, takes you through more remote and rugged terrain, and gives you more time to explore the Annapurna Region.

What is the hardest part of the Annapurna Circuit?

The most difficult part of the Annapurna Circuit Trek is the Thorong La Pass, at 5,416 meters. It is the highest point you will reach in this entire journey, and the steep and rugged ascent as you approach the pass makes it slightly more challenging than other places you will pass by.

Can you do the Annapurna Circuit on your own?

Yes, you can do the Annapurna Circuit Trek on your own, but it is generally not recommended. Hiring a guide or trekking solo will help you traverse properly, enhancing your safety. Also, having a group means having support in difficult times or during emergencies.

Which SIM card is best for the Annapurna Circuit?

We generally recommend you carry a Nepal Telecom (NTC) SIM card if you are trekking to Annapurna Circuit Trek. This sim has the best high-altitude coverage and also offers you some of the best call and internet packages at a reasonable cost.

Annapurna Circuit Trek cost

The cost of the Annapurna Circuit Trek ranges between **\$800 and \$3,000** per person. The cost is mainly determined by the level of luxury of the package you choose. Booking with us, our package includes transportation, accommodations, meals, permits, a guide, and a porter. The cost determination also includes all the taxes, and there is no hidden price. So, booking with us can be the right choice for you in terms of your budget, as we offer both basic and luxury packages.

However, our costs do not include your expenses, such as international and domestic airfare, visa fees, accommodation in Kathmandu, personal expenses, Wi-Fi charges, and staff tips. For more details regarding the cost and the packages, you can directly contact us through our contact number or even email us. We are ready to help and provide you with all the necessary information.

Food and Accommodation on Annapurna Circuit Trek

During the Annapurna Circuit Trek, you will find various accommodation options, from basic teahouses to more comfortable lodges. In lower altitudes, lodges offer private rooms with shared bathrooms. As you go higher, facilities become more basic. Some lodges in popular stops like Manang, Jomsom, and Muktinath offer attached bathrooms and hot showers. Remember that hot showers, Wi-Fi, and charging electronics often require an extra fee (\$2 to \$5 per service).

Food along the trek is tasty and energy-giving, with plenty of options to suit different dietary needs. The staple meal is Dal Bhat, a traditional dish of rice, lentil soup, vegetables, and pickles. You will also find noodles, pasta, momos (dumplings), pancakes, and Tibetan bread. Lower villages have more diverse menus, including eggs, porridge, toast, and even pizza. However, as you ascend, choices become limited, and food prices increase due to transportation costs.

Below is a table outlining typical meals available along the trek.

Meal	Common Options	Price Range (USD)
Breakfast	Porridge, Pancakes, Tibetan Bread, Toast with Jam, Omelet	\$3 - \$7
Lunch	Dal Bhat, Noodles, Fried Rice, Momos, Pasta, Thukpa (noodle soup)	\$5 - \$10
Dinner	Dal Bhat, Pizza (lower regions), Vegetable Curry with Rice, Fried Potatoes	\$6 - \$12

Note: If you book with us, you will stay 2 nights in a 3-star hotel in KTM and Pokhara and 8 nights in lodges. We will also arrange all your meals: 9 Breakfast, 9 lunch, and 9 Dinner.

Must-See Views and Attractions Along the Way

Breathtaking Mountain Views

With this adventure, you can see amazing and mind-blowing views of the Himalayas that will leave you in awe. The first and foremost is the **10th highest mountain in the world, Mount Annapurna (8,091m/26,545 ft)**, which attracts anyone with its massive and stunning snow-covered peak. Other primary mountains you can witness along the way include Gangapurna (7,455m/24,459 ft), Nilgiri (7,061m/23,166 ft), Tarke Kang (7,193m/23,599 ft), and Lamjung Himal (6,983m/22,910 ft).

Thorong La Pass

Thorong La is the highest and one of the most thrilling passes you will reach during this adventure. Located at an altitude of **5,416 meters (17,769 ft)**, Thorong La Pass is considered the most challenging section of the entire 10-day Circuit Adventure due to its steep ascent, unpredictable weather, and high altitude. Crossing this pass will reward you with breathtaking panoramic views of the surrounding Himalayan peaks, including Dhaulagiri, Annapurna, and Tilicho Peak.

Jomsom

You will have time to explore this beautiful village. Famous for its stunning desert-like landscapes, Jomsom offers stunning views of arid valleys, towering cliffs, and the deep gorge of the **Kali Gandaki River**. Some other major attractions include the **Mustang Eco Museum, Rupse Falls, and Dhumba Lake**. This picturesque village is not just about natural beauty but also about a rich cultural heritage influenced by Tibetan culture and history. Jomsom is also famous for its strong winds, which blow heavily through the valley in the afternoons.

Manang

An acclimatization day in Manang will help you adjust to the altitude while offering the best chance to explore the beauty of this charming Himalayan village. Situated at an altitude of **3,519 meters (11,545 ft)**, Manang is a vital stop for trekkers before ascending further toward the Thorong La Pass. This village provides a stunning view of Annapurna III, Gangapurna, Tilicho Peak, and Chulu East. During your stay, you can visit the Braga Monastery and explore the **Gangapurna Glacier Lake**. Additionally, the warm and welcoming atmosphere of the locals there makes you feel at home.

Yak Kharkha

Yak Kharkha is a beautiful high-altitude pastureland located at 4,020 meters (13,189 ft), where you will see yaks grazing in the alpine meadows and experience a more rugged and remote landscape. It is an important resting stop before ascending to Thorong Phedi and crossing Thorong La Pass. The name "Yak Kharkha" itself means "Yak Pasture," and it perfectly describes the amazing scenery you will witness here. Additionally, the area offers clear views of Chulu Peaks and Annapurna IV.

Muktinath

Muktinath is one of the most sacred pilgrimage sites for both Hindus and Buddhists, situated at **3,800 meters (12,467 ft)**. This sacred temple is dedicated to Lord Vishnu and houses **108 stone water spouts**, which are believed to cleanse sins when bathed in. Nearby, you will also find the eternal flame

that has been burning naturally for centuries, signifying the divine presence of Lord Vishnu. Besides its religious significance, Muktinath is famous for offering views of the Dhaulagiri and Nilgiri mountain ranges.

How do I get to the Annapurna Circuit?

You can get to the Annapurna Circuit by air or by road, depending on your preferences for convenience or cost. The trek usually starts from Besisahar or Chame, where you can either take a flight or travel by road from Kathmandu.

By Air

The quickest way to reach the Annapurna Circuit is to fly from Kathmandu to Pokhara. The flight takes about 25 minutes, covering a distance of 200 km (124 miles). After landing in Pokhara, you will still need to travel by road to reach Besisahar (5-6 hours) or Chame (around 6 hours) by jeep or bus.

Flying saves time compared to traveling by road and is especially useful if you are short on time. However, flights can be weather-dependent, and there is a possibility of delays or cancellations due to bad weather. Additionally, you still need to travel by road after the flight, which can take several more hours.

By Road

If you prefer traveling by road, you can take a bus or private vehicle from [Kathmandu to Besisahar](#), which takes about 6-7 hours covering a 175 km (108 miles) distance. From Besisahar, you can continue by jeep to Chame, which takes around 5-6 more hours to cover the 230 km (143 miles).

Traveling by road is cheaper and offers a chance to experience local villages and culture along the way. However, the journey can be long and uncomfortable, especially beyond Besisahar, as the roads are rough and bumpy. There might also be delays caused by traffic congestion or road conditions, making the road option less predictable than flying.

Is there Internet on the Annapurna Circuit?

Yes, you will find internet access on the Annapurna Circuit, but it is limited and unreliable in higher-altitude areas. In lower villages like Besisahar, Chame, and Manang, most teahouses offer Wi-Fi for a small fee (**around \$2 to \$5 per hour**), though speeds can be slow. As you go higher, especially in remote locations like Thorong Phedi and Yak Kharka, Wi-Fi becomes rare, and if available, it is often expensive and slow.

Another option is to purchase a local SIM card (NCELL or NTC) with a data pack, but mobile network coverage is inconsistent, especially in the higher sections of the trek. NTC generally has better reception in remote areas, but it is still unreliable in places like Thorong La Pass and Muktinath. You can download offline maps, save important information, and inform your family that you may be out of contact for a few days while trekking in remote areas.

Are there showers on the Annapurna Circuit?

Yes, showers are available at most teahouses, but the here availability depends on the altitude. In lower villages, you will find hot showers with running water for **\$2 to \$5 per use**. However, as you ascend to higher altitudes like Thorong Phedi and Yak Kharka, hot water becomes scarce, and most teahouses offer bucket showers with heated water for a fee.

At the higher regions of the trek, such as Thorong La Pass, showers are rare or completely unavailable due to freezing temperatures. Many trekkers choose to skip showers for a few days to avoid catching a cold. Instead, they use wet wipes, dry shampoo, and extra layers of clothing to stay fresh. If you plan to shower regularly, you should bring quick-dry towels and biodegradable soap.

Best time for Annapurna Circuit Trek

The best time to trek the Annapurna Circuit is **spring (March to May)** and **autumn (September to November)**. In spring, the weather is warm and pleasant, with temperatures from **10°C to 20°C (50°F to 68°F)** in lower areas and **-6°C to 5°C (21°F to 41°F)** at higher elevations. You will get to witness clear skies and colorful rhododendron flowers blooming along the trail. You may also see wild animals like blue sheep and pheasants.

Autumn is also a great time to trek because the weather is cool and dry. The temperature stays between **12°C and 22°C (54°F and 72°F)** in lower areas and **-5°C and 3°C (23°F and 37°F)** at higher elevations. The skies are clear, so you get the best mountain views. This season is also special because it is festival time in Nepal, and you can enjoy cultural events like **Dashain and Tihar**.

Besides these two seasons, we generally do not recommend trekking during the monsoon (June to August) and winter (December to February). In the monsoon, heavy rain makes the trails muddy and slippery, and landslides can block the way. Similarly, winter is also not a good time because it is too cold, with temperatures dropping to **-20°C (-4°F)** at high altitudes. There is heavy snowfall, and many teahouses close for the season.

Address

Address:

Galkopakha Marg - Kathmandu - Nepal