

Everest Mountain Flight

URL: <https://himalayan360.com/trip/everest-mountain-flight/>

Destination

Nepal Treks & Tours

Activity

Day Tours

Start / End Point

Thamel/Thamel

Trip Type

Small Group tour, Luxury tour

Duration

1

Destination

Everest Region

Language

Everest Region

Per Person From

USD 215

Region

Everest Region

Group Size

2 - 20

Best Season

Mar, Apr, May, Sept, October, November, Mountain Flight
December

Transportation**Difficulty**

Easy The trip is easy and suitable for everyone, including children and older people. It does not require any skills in mountain climbing or traversing difficult terrain.

Prominent Features of Everest Mountain Flight

- You will enjoy views of the highest peak in the world, Mount Everest, in a comfortable plane.
- You'll get up close to iconic peaks like Lhotse, Nuptse, and Ama Dablam without the challenging treks.
- You can enjoy the majesty of the Himalayas in just one hour, making it perfect for travelers with limited time.
- You can see Everest base camp trekking trails, Khumbu glaciers, Khumbu Icefall, and the beautiful Imja Valley from your window seat.
- You'll get assistance with adjusting camera settings and angles for the best shots.
- You'll fly with experienced pilots and a modern aeroplane, ensuring a smooth and secure journey.

How to book an Everest Mountain Flight?

Booking an Everest Mountain Flight is simple and is completed in a few easy steps. However, for the best experience, book in advance, check the weather forecast, and confirm your flight details a day before departure. Here is how you can make a booking for the Everest Mountain Flight:

- **Choose an Airline or Travel Agency:** Several airlines, such as Buddha Air, Yeti Airlines, and Shree Airlines, operate mountain flights. You can book directly through our websites as well for better assistance. We will make sure you for the date according to preference,
- **Select Your Date and Time:** Mountain flights operate early in the morning, usually between 5:00 AM and 8:00 AM, for the best weather conditions. Choose a date that suits your schedule, keeping in mind that flights may be delayed or canceled due to weather.
- **Make a Reservation and Payment:** Once you finalize the date, proceed with the booking. You can pay us online via credit card, bank transfer, or mobile payment.
- **Receive Your Ticket and Confirmation:** After payment, you will receive a confirmation email or ticket with your flight details. Check all the information carefully, including departure time and meeting point.
- **Check-In at the Airport:** Arrive at Tribhuvan International Airport (Domestic Terminal) in Kathmandu at least 1 hour before departure. Carry your passport or identification for verification.
- **Enjoy Your Flight:** Once onboard, sit back and enjoy the views of Mount Everest, Lhotse, Makalu, and other Himalayan peaks. Don't forget your camera to capture stunning photos./

What You Miss from the Air: Comparing the Everest Flight to the Base Camp Trek

Who doesn't want to see the world's highest mountain? Of course, everyone wants to see it once in their lifetime, not in a photo or a video, but in real life. So, there are generally two ways of seeing Mount Everest: going on a physical excursion, either up to Everest Base Camp or up to the summit of Everest, and another, easier option is by air travel. While air travel is becoming popular, travelers miss many more things while traveling by aeroplane or helicopter than trekking through the region.

Here is what you miss from the Everest Mountain Flight over the trek:

Experience with Sherpa People

The Everest Base Camp Trek takes you through the settlements of Phakding, Namche Bazaar, Dingboche, and Tengboche, where trekkers can pass by talking and getting to know the Sherpa people and their culture. The direct engagement with the locals is only possible through the EBC Trek, and those who travel by air miss the experience.

Monastery Visit

While trekking through the EBC route, trekkers see various monasteries, including significant ones. Tengboche monastery is a prominent monastery in the region, where trekkers can see monastic life and soak in the spiritual atmosphere. However, those who see the monastery from the sky can't experience

the spiritual feeling.

Physical challenge and personal growth

The trekking section of Everest Base Camp is challenging, with steep sections, rugged terrain, a high-altitude section, and unpredictable weather. Overcoming all those challenges and reaching the base of Mount Everest provides a great sense of accomplishment and personal growth, which you don't find in a Mountain flight.

The sound and smell of the mountain

While going through an aeroplane, you miss the sound of prayer flags fluttering in the sky in the wind, the clanging of yak bells, the rush of the river, and the sound of birds. Likewise, you don't get to breathe in the cold and crisp morning air, can't smell the scent of pine forests, and other aromas.

Feel of terrain

Another aspect that the mountain flight bypass is the feeling of terrain and how it feels to walk in a remote location with varied terrain. Walking through rocky paths, suspension bridges, and icy patches is truly the adventure to remember that the air travelers misses.

Sunrise and sunset from High altitudes

The Everest Mountain flight starts after sunrise and returns before sunset, so you don't see the rising and setting sun from high altitude. But, on the trek, you'll see mesmerizing sunrises and sunsets daily and from different points.

Stargazing & Night View

The nights in the Everest region with full stars in the sky are something one must experience in their lifetime. While you get to stargaze every day on the trekking journey, the mountain flight misses the opportunity.

Precautions Related to Altitude sickness

While the Everest Mountain Flight presents incredible views, altitude sickness is a potential concern due to the rapid rise in elevation during the tour. Altitude sickness occurs when your body does not adjust quickly enough to the low oxygen levels at high altitudes. This can cause symptoms such as dizziness, nausea, and headaches. Although the flight generally reaches **20,000 to 25,000 feet (6,000 to 7,600 meters)**, travelers get the elevation in a short time, providing no time for acclimatization, adding risk related to altitude sickness.

Furthermore, you may also experience slight discomfort. The short flight duration (typically around 1 hour) generally means that the symptoms of altitude sickness do not have time to develop fully. However, it is essential to be aware of your body's response to the altitude and take necessary precautions to avoid discomfort. Yet, considering your safety, the airline you'll travel through also assures your safety and provides precautions.

One action that airlines take to ensure travelers' safety and reduce the risk of altitude sickness is carrying oxygen cylinders in the aircraft. Likewise, they hire a professional pilot and crew members who are trained to recognize and manage the signs of altitude-related discomfort. Similarly, their aeroplanes maintain regulated cabin pressure and are of the latest model.

How to Prepare for Altitude Sickness During Mount Everest Flight

- Drink plenty of water before and during the flight to keep your body hydrated, as dehydration can increase the risk of altitude sickness.
- Opt for a light meal before the flight and avoid heavy, greasy foods that could cause discomfort.
- Practice deep breathing to help you adjust to the lower oxygen levels during the flight.
- If you start to feel lightheaded or dizzy, remain calm, sit back, and take slow, deep breaths.
- If you experience discomfort or symptoms of altitude sickness, inform the flight crew immediately, as they are equipped with oxygen and can provide assistance.
- Do not consume alcohol before or during the flight, as it can increase altitude sickness symptoms.
- Take breaks from the window view and avoid overexerting yourself while on the flight.
- Dress in layers to stay warm, as temperatures can drop significantly at high altitudes.

Documents and permits related to the flight

- A **valid passport** is required for identification purposes, especially for international travelers.
- **Travel insurance** that covers flight cancellations, medical emergencies, and evacuation. **NOTE: If you are booking trip with Himalayan 360, we will return you full amount if you cant see mountain due to bad weather.**
- Your **flight ticket** to board the Everest Mountain Flight
- If you are a foreign national, ensure you have the necessary **visa** to enter Nepal.
- A **health declaration form** may be required.

The best time of year for the best experience

The best time to take the Everest Mountain Flight is during the **autumn (September to November) and spring (March to May) seasons**. During these months, the weather in the Everest region is usually clear and stable. You can get the best visibility of the Himalayan peaks. The skies are less cloudy, ensuring you can enjoy the mountain's views without any obstruction.

In the autumn months, the weather is stable and the air crisp, making it best for mountain flight in Everest. Both seasons are ideal for the mountains in Nepal, and peak seasons for adventure travel. However, avoiding the monsoon months of June to August is essential, as heavy rains can cause clouds

and fog, making it difficult to see the mountains clearly during the flight.

Everest Mountain Flight Operator

Several airlines in Nepal operate Everest Mountain Flights. Each supplies an aerial view of the Himalayas, including Mount Everest, Lhotse, Makalu, and Cho Oyu. These flights usually take off from **Tribhuvan International Airport in Kathmandu** and last about 50 to 60 minutes. Each airline ensures that passengers get a window seat for the best views and often provides a certificate of completion after the flight as a special souvenir.

Below are some of the major airlines that provide this experience:

- Buddha Air
- Yeti Airlines
- Shree Airlines
- Saurya Airlines

Schedule for Everest Mountain Flight

Day 1: Mountain Flight to Everest

Attraction of the day

- Panoramic view of the Everest region mountains and other mountains

The impressive flight to Everest usually lasts about 50 minutes to 1 hour. The plane takes off from the **Domestic Airport of Kathmandu** early. As the flight takes off, the first and foremost thing you will see is the beautiful Kathmandu Valley. The distant view of **Langtang Lirung** is also visible on clear days. Flying towards the East, you will start getting views of **Lhotse, Nuptse, Ama Dablam**, and **Mount Everest**. The mountain flight not only allows you to enjoy Himalayan views but also helps you to understand the geography of Nepal.

While on board, you will receive a '*Himalayan Peaks*' map from our flight attendant. This map contains information about the different peaks you will see during the mountain flight. You will also get a briefing from our flight attendant about the visible mountains. To honor your once-in-a-lifetime experience to the top of the world, we give out a personalized Everest Experience certificate to each passenger after the completion of the flight.

Key Notes:

- Flight starts between 5:00 am and 8:00 am early in the morning.
- The Mount Everest you see will be approximately 20 miles away from you.
- You are guaranteed to get a window seat for a beautiful experience.

- The flight lasts about an hour and follows the same route on the return.

Meals:

N/A

Flight Hours:

50 min- 1 hour

How much does it cost to fly over Mount Everest?

An **Everest Mountain Flight costs around USD 200 to 250 per person**. These flights last about an hour and provide stunning aerial views of Mount Everest and other Himalayan peaks. If you prefer a private helicopter tour, the cost ranges from **USD 1,000 to 1,500 per person**, depending on the group size. Helicopter tours also offer a landing experience at Kala Patthar and Everest View Hotel, making it a more involved option.

Furthermore, prices vary based on the airline, season, and availability. **During peak seasons, such as spring (March to May) and autumn (September to November)**, prices may be slightly higher due to demand. Some airlines offer discounts for group bookings, making it more affordable for families or friends traveling together. It is always best to book in advance to secure your seat, especially during the busy months.

Everest Mountain Flight Includes/Excludes

Included in the Flight

- Everest Mountain flight by a major airline.
- Guaranteed window seat for the best view.
- All Airport taxes.

Excluded from the Flight

- Accommodation: N/A
- Transfer: N/A
- Expenses: All personal expenses.
- Food: N/A
- Others:
 - All the services on the list, including services.
 - Single supplementary.

Group Discounts Available

No. of Persons	Price per Person
1 - 1	USD 235
2 - 2	USD 225
3 - 5	USD 220
6 - 20	USD 215

What are Question You Might Ask Us?

Why can't helicopters fly up Everest?

The helicopters generally do not fly higher up the Everest because of the thin air and weather instability. The low oxygen level reduces lift for the blades, making it slightly dangerous to opt for. However, some specialized helicopters can fly at very high altitudes, reaching the top of Everest.

Which airport is near Everest in Nepal?

The nearest airport to Everest in Nepal is Lukla, aka Tenzing-Hillary Airport. Recorded as the busiest airport, with over 15 flights landing daily (in peak season), it is also the airport with the shortest runway. To reach here, you can take a flight from Kathmandu airport, which will take about 40 minutes.

Can I take the Everest Mountain Flight if I fear heights?

No, considering that taking the Everest Mountain Flight can not be the right choice for you if you fear heights. Although taking a flight can reduce the trekking time, the flight will go up to a higher altitude, which might trigger your anxiety. So, we generally recommend you consider your comfort level before finally choosing this package.

Are passengers weighed before boarding a mountain flight?

Yes, passengers are generally weighed before boarding. This procedure is used for small aeroplanes to ensure proper weight and balance for flight safety. Airlines also have baggage weight limits. Thus, we advise travellers to check with the specific airline or travel agency for weight-related policies.

Can we see Mt Everest on a flight?

Yes, you can see Mount Everest from the flight. Besides that, you will also get a chance to see other mountain ranges such as Lhotse, Cho Oyu, Makalu, and many more. Likewise, the flight offers a view of glaciers and valleys, adding to the excitement of the tour.

Can I take photos during the Everest Mountain Flight?

Yes, you can take photos during the Everest Mountain Flight. In fact, this flight offers a great opportunity to capture stunning aerial views of Mountain peaks. To get the best shots, ensure your camera or phone is fully charged, and avoid using the flash to reduce light from the windows.

How high does the aircraft fly during the Everest Mountain Flight?

During the Everest Mountain Flight, the aircraft generally flies at an altitude of around 20,000 to 25,000

feet (6,000 to 7,600 meters). This altitude ensures views of Mount Everest and other surrounding peaks while maintaining a safe distance from extreme weather conditions.

How long is a mountain flight in Nepal?

A typical mountain flight in Nepal lasts about 50 to 60 minutes. It involves taking off from Kathmandu, flying towards the Everest region, soaking in the beauty of the mountain peaks, and returning. However, the duration can be extended, but it costs extra.

How long does it take to fly from Kathmandu to Mount Everest and return?

A flight from Kathmandu to the Everest region and return takes around 50 minutes to an hour. The flight takes you from 4,344ft to 25,000 feet, where travelers can get the most surreal sight of snow-capped peaks. The flight generally takes off from Kathmandu to Mount Everest early in the morning.

Can children take the Everest Mountain Flight?

Yes, children can take the Everest Mountain Flight. This tour has no age restriction, making it suitable for families. However, if your child is very young or sensitive to altitude, you should consult a doctor before booking the flight to ensure their comfort.

Address

Address:

Galkopakha Marg – Kathmandu – Nepal