

Kapuche Lake and Kori Danda Trek

URL: <https://himalayan360.com/trip/kapuche-lake-kori-danda-trek/>

Destination

Nepal Treks & Tours

Activity

Trekking and Hiking

Start / End Point

Kathmandu / Kathmandu

Trip Type

Trekking in The Himalaya

Route

Pokhara, Sikles, Thulek, Pokhara

Duration

10

Destination

Annapurna Region, Nepal

Per Person From

USD 690

Region

Annapurna Region

Max. Altitude

4115m

Best Season

March-May/September-November

Transportation

Private | Tourist Bus

Accommodation

Tea house

Meals

All Meals (Breakfast, Lunch & Dinner) during the trek

Difficulty

Medium You need to have good physical condition and be in top form. You'll also require the right clothes for weather conditions and food items such as snacks or lunch breaks from your hiking adventure; water is essential too! This type of activity takes time, so ensure you're physically able to get enough rest before starting any trips.

Highlights

- Experience the unspoiled and pristine natural beauty of the region as you trek through dense forests,

alpine meadows, and remote villages, providing a sense of isolation and tranquility.

- Kapuche Lake, also known as the Kapuche Glacial Lake, is a stunning high-altitude lake surrounded by rugged mountain peaks. The lake is known for its crystal-clear waters and the reflection of surrounding mountains on its surface.
- Kori Danda offers breathtaking panoramic views of the Annapurna and Dhaulagiri mountain ranges.
- You will have the opportunity to interact with the local communities, including Gurung and Magar villages. This provides a chance to learn about their cultures, traditions, and way of life.

Outline Itinerary:

- **Day 1:** Arrival at Kathmandu Airport
- **Day 2:** Drive from Kathmandu to Pokhara
- **Day 3:** Drive from Pokhara to Sikles (1,981m) and trek to Hugu Goth (2,000m)
- **Day 4:** Hike from Hugu Goth to Kapuche Glacier Lake (2,480m) and trek to Nho-ta (3,050m)
- **Day 5:** Trek from Nho-ta (3,050m) to Kori Danda (3,800m)
- **Day 6:** Kori Exploration - Thulek (4,115m)
- **Day 7:** Trek from Kori Danda to Sikles (1,981m)
- **Day 8:** Drive to Pokhara and rest
- **Day 9:** Drive from Pokhara to Kathmandu
- **Day 10:** Departure

Overview

The Kapuche Lake and Kori Danda trek is a mesmerizing journey through the Annapurna region of Nepal, offering a perfect blend of natural beauty and cultural immersion. Beginning in the charming village of Sikles, trekkers venture through a landscape that transitions from lush forests to rugged mountain trails.



The trail leads to Kapuche Lake, a hidden gem nestled amidst towering peaks. The serene waters of the lake reflect the surrounding mountains, creating a scene of unparalleled tranquility. After soaking in the beauty of Kapuche Lake, the trek continues to Kori Danda, a spectacular viewpoint that offers panoramic vistas of the Himalayas.

Throughout the journey, trekkers have the opportunity to interact with local communities, experiencing firsthand the rich culture and hospitality of the region. Traditional villages dot the landscape, providing glimpses into the daily lives of the people who call these mountains home.

As trekkers ascend to higher altitudes, they are rewarded with breathtaking views of snow-capped peaks, cascading waterfalls, and verdant valleys. Each step brings new discoveries and unforgettable experiences, making the Kapuche Lake and Kori Danda trek a truly unforgettable adventure in the heart of the Himalayas.

Best Seasons for Kapuche Lake and Kori Danda Trek

The best seasons for the Kapuche Lake and Kori Danda trek in central Nepal are spring(March-May) and autumn(September-November).

The spring season offers mild and pleasant weather with comfortable daytime temperatures. Spring is considered one of the best seasons because it provides ideal trekking conditions with less rainfall, clear skies, and excellent visibility for panoramic mountain views.

Similarly, autumn is another season that is considered suitable for the trek. It offers stable weather conditions with dry and clear skies. The trails are generally less crowded compared to the peak spring season.

Seasons To Avoid For Kapuche Lake and Kori Danda Trek

There are certain seasons you might want to avoid when you plan the Kapuche Lake and Kori Danda Trek due to challenging weather conditions.

Monsoon Season(June-August): This is the period of heavy rainfall in Nepal. Trekking during monsoon season can be very challenging and risky due to slippery trails, leeches, landslides, and reduced visibility. Therefore monsoon is not considered ideal for trekking in this region.

Winter Season(December-February): The winter months bring cold temperatures and heavy snowfall at higher elevations. Trekking during this time can be extremely cold, and some parts of the trail may be closed due to snow. Accommodations and facilities may also be limited in the colder months.

Permits Required for The Trek

The specific permits required for the Kapuche Lake and Kori Danda trek are:

Annapurna Conservation Area Permit (ACAP): This permit is required for all trekkers entering the Annapurna Conservation Area, which includes the area where Kapuche Lake and Kori Danda are located. The ACAP is meant to help conserve the natural environment and sustain the local communities.

Trekkers' Information Management System Card (TIMS Card): The TIMS Card is generally required for all trekkers in Nepal, although there were variations in its implementation in different regions.

Itinerary

Day 01: Arrival At Kathmandu Airport

Welcome to Nepal. Upon your arrival at Tribhuvan International Airport (TIA), one of our representative from Himalayan 360 will be there to receive you. Having a short brief about your journey, you will head towards your hotel. Overnight.

Day 02: Drive from Kathmandu to Pokhara

Today, after a hearty breakfast we will take a long drive to Pokhara. It will take us approximately 7 hours to reach there. Rest and prepare for your trek. Overnight.

Day 03: Drive from Pokhara to Sikles and trek to Hugu Goth

After the breakfast, we will proceed our journey to Sikles which will take about 3 hours by a private jeep. After having lunch in Sikles we will start our trek towards Hugu Goth. Hugu Goth is likely a higher altitude settlement or a viewpoint along the trekking route, situated at an elevation of approximately 2000 meters. Along the way, you'll traverse through beautiful forests, terraced fields, and traditional villages, experiencing the rich cultural and natural heritage of the region. Overnight.

Highest Altitude:

2000m

Day 04: Hike from Hugu Goth to Kapuche Glacier Lake and trek to Nho-ta

Today, we will embark on an early morning hike from Hugu Goth to Kapuche Lake at an altitude of 2480 meters that offers mesmerizing views of the surrounding Himalayan landscape and the glacier itself. You'll ascend gradually, passing through alpine meadows, rugged terrain, and possibly encountering

local flora and fauna along the way.

Upon reaching Kapuche Glacier Lake, take some time to admire the pristine beauty of the lake and the towering peaks reflected in its waters. It's a serene spot ideal for relaxation and enjoying the natural splendor of the Annapurna region. After that we will trek to Nho-ta which is a beautiful local village. Interact with the villagers, visit local landmarks, and learn about their customs, rituals, and daily routines. Overnight.

Highest Altitude:

3050m

Day 05: Trek from Nho-ta to Kori Danda

Your journey today begins in the charming village of Nho-ta. The ultimate destination of today's journey is Kori Danda. Starting from the village, you'll hike through forests filled with colorful flowers and listen to the sound of waterfalls along the way. The trail gradually ascends including steep inclines and rocky paths, making it a challenging trek.

After a rough trek, take some time to rest and enjoy the beautiful scenery that Kori Danda has to offer. Explore the Kori Danda village as much as you can. Overnight.

Highest Altitude:

3800m

Day 06: Kori Exploration-Thulek

Today you will set out on a hike through the wilderness of himalayan landscapes in Kori. You will ascent towards Thulek hill at an altitude of 4115 meters. Upon reaching the hill, you will be rewarded with the majestic views of surrounding valleys and mountains. After you are done with exploring the hill, slowly descend back to Kori village retracing the steps you took earlier. Overnight in Kori Danda.

Highest Altitude:

4115m

Day 07: Trek from Kori Danda to Sikles

Starting at Kori Danda, you will slowly descend your way towards Sikles. Trekking from Kori Danda to Sikles is a downhill journey through varied landscapes. You'll pass through forests, villages, and terraced fields, enjoying views of the Annapurna range along the way. As you descend, you'll experience local hospitality and eventually reach the charming village of Sikles, where your trek concludes. Overnight.

Highest Altitude:

1981m

Day 08: Drive to Pokhara and rest

Today, we will be driving towards Pokhara from Sikles which will take about 3-4 hours. After reaching Pokhara, rest as you had a tiring drive. Later in the evening, explore the local market along with Fewa Lake. Enjoy the nightlife of Pokhara. Overnight.

Day 09: Drive from Pokhara to Kathmandu

Today we will head back to Kathmandu. It will take about 7 hours to reach Kathmandu. Rest and enjoy the night.

Day 10: Departure

Your Kapuche Lake and Kori Danda Trek finally ends here. One of our representative will be there to drop you at the airport 3 hours prior to your flight. We hope you had a good time here. Remember us for your next trip to Nepal.

COST

Cost Includes

- 2Nights in Kathmandu and 2nights in Pokhara including breakfast on twin sharing basis 3star hotel
- Airport transfer
- Tourist bus from Kathmandu to Pokhara to Kathmandu
- Private jeep from Pokhara to Sikles to pokhara
- Guide and one porter who will carry 15kgs approx
- Duffel bag for during trekking
- Permit for trek
- Insurance of guide and porter
- Food and accommodation during trek 5nights
- Local government tax
- Our service charges

Cost Excludes

- International airfare
- Nepal visa fees
- Travel insurance
- Emergency expenses
- Tipping to crew members (minimum \$50 per person)
- Food in the city
- Services other than those mentioned in the “cost includes” section

Group Discounts Available

No. of Persons	Price per Person
1 +	USD 690

FAQ's

Where is Kapuche Lake and Kori Danda Trek located?

Kapuche Lake and Kori Danda trek are situated in central Nepal, in the hillside region between Annapurna and Manaslu Himalayan ranges.

What makes Kapuche Lake special?

Kapuche Lake is renowned as the worlds lowest glacier lake, positioned at an elevation of 3,210 meters. Its unique setting and serenme beauty are major attractions.

Address

Address:

Galkopakha Marg - Kathmandu - Nepal