

Sikles Eco Home Stay Trek

URL: <https://himalayan360.com/trip/sikles-eco-home-stay-trek/>

Destination

Nepal Treks & Tours

Activity

Trekking and Hiking

Duration

9

Per Person From

USD 740

Region

Annapurna Region

Highlights

- Stay at the eco-friendly Sikles Home Stay, where you can experience traditional village life and culture
- Enjoy stunning views of the Annapurna and Dhaulagiri mountain ranges
- Meet with and learn about the lifestyle of the Gurung people, an ethnic group native to the region
- Visit the Sikles Museum and learn about the history and culture of the area
- Take part in a traditional cooking class and learn to make traditional Nepali dishes
- Enjoy a traditional cultural dance performance by the local villagers
- Enjoy the panoramic view of Annapurna, Dhaulagiri, Lamjung, and Manaslu mountain ranges while trekking

Overview

Sikles Trek is one of the short but fascinating eco-lodge treks in Nepal that escapes normal Annapurna trail and takes you to a secluded part of Himalaya, pre-dominantly occupied by Gurung community and rarely visited by outsiders. This fascinating trail offers a close peek at the Gurung community and their culture who are well-known for their bravery in British Gurkha Regiment.

Sikles Trek is also an alternative short holiday in Annapurna region located at an un-crowded part of Annapurna Conservation Area, beneath the shadow of majestic Machhapuchhre, Lamjung Himal and Annapurna ranges.

Besides marvellous mountain panorama, trekkers get the privilege to witness traditional culture (dance,

song and festival) that has still remained intact to date. Trekkers can spend several days exploring local lifestyles and observing handicraft production. Of particular interest, are local cloth weaving and the ancient water-driven flour mill. Flock songs and dances are a major part of life and a common occurrence in Sikles.

Annapurna Sikles Eco-trek follows the terraced fields, ethnic village and mixed forest of rhododendron and broad-leaf. In spring (March – April), the blooming rhododendron adorns the entire forest and makes the trek magical. Although the trekking pace is slow, the trail offers ample time to study local flora and fauna and soak in natural charisma.

Sikles is the second largest Gurung village in Nepal (after Ghandruk). The narrow alleyway of the village is protected by stone walls and mud houses. The thatched roofed houses are grouped and patterned in traditional style. The village is established by ACAP project as a model trekking village and is an internal part of eco-trekking route. It lies to the northeast of Pokhara and sits at an elevation of 2,000m. Above the village is Rising Danda, which offers a majestic view of Annapurna II and Lamjung Himal.

Sikles offers cosy local managed teahouses and homestays with neat accommodation and intriguing hospitality. Staying at an eco-lodge directly benefits the locals, as the certain profit acquired is returned to the locals by investing in different developmental sectors.

Outline Itinerary

Day 01: Kathmandu to Pokhara (850mt)

Day 02: Drive to Kalikasthan & trek to Yangakot (1440mt)

Day 03: Trek to Tanti (1580mt)

Day 04: Siklis (1980)

Day 05: Galegaon via Tara Hill top (1620mt)

Day 06: Trek to Burjung khola & drive to Pokhara.

Day 07: Drive/Flight to Kathmandu

Day 08: Final departure/ onward destination.

Itinerary

Day 01: Arrived in Kathmandu

When you arrive at Tribhuvan International Airport, a representative from Himalayan 360 will be there to meet you and take you to your hotel. After checking in, you can rest or, with the guide, visit Himalayan 360's office in Thamel a part of Kathmandu in the tourist district. Here there are many shops and restaurants. The shops are colourful and full of pashminas, slippers, trekking equipment, and felt items. The restaurants serve European as well as Nepalese meals. ATMs are plentiful should you require them. In the evening, there will be a welcome dinner hosted by Himalayan 360 where you will be served authentic Nepalese cuisine. This is a great introduction to Nepalese food.

Day 02: Kathmandu to Pokhara

You are heartily welcomed by the Himalayan 360 team members. Today you will be driving 200km from Kathmandu to Pokhara. You will find a beautiful land cafe, green forest, and paddy field on the way to Pokhara. When you reach Pokhara, you will check into a hotel and explore Pokhara lakeside where you will enjoy an orientation walk around the lakeside with a guide. In the evening you will find a great restaurant on the lakeside for dinner.

Distance:

6-7hrs

Accommodations:

Tourist standards Hotel

Day 03: Pokhara to Yangakot

After breakfast, you are ready to go on a trek. Today you are going to drive approx. half an hour to Kalikasthan then your trek starts from there. It is such a nice view at the beginning of Kalikasthan as you can see the Himalayas range of Mt. Annapurna, Mt. Fishtail and Mt. Lamjung Himal. You then head a bit down through the paddy field to Modi rivers (approx 2 hours), cross the suspension bridge and stop for lunch at the Chachowk village. After finishing your lunch, you ascend a few hundred meters to Hanjakot. It offers a nice panoramic view of the Himalayas. Today you are going to stay in a local house where there is so much hospitality and you are welcomed by the family. You will have Nepali food for dinner with the family.

Distance:

5-6hrs

Highest Altitude:

1400m

Accommodations:

Local House

Day 04: Yangakot to Tangting

In the morning, you get to wake up witnessing a beautiful sunrise with a perfect mountain view. You will descend a few hundred meters to Chashu village situated on the bank of the Modi river and then go 200m upwards to Tangting village. You will climb stone steps to Tangting; it lies on a hilly side. People are dependent on farming and sliders here. You can highly explore the Gurung people of Nepal.

Distance:

5-6hrs

Highest Altitude:

Local House

Day 05: Tangting to Sikles

After breakfast, you head towards your destination, Sikles. You are going to trek a few hundred meters.

From here, you first descend down from Tangting following a beautiful forest and local stone step trail and then cross the suspension bridge. Then the trail leads steeply upwards to Sikles with a perfect terrace which is straight 2 and half hours uphill. You will have some snickers bars for your energy. When you reach Sikles village, you will get a hot lunch. After lunch, you will explore Gurung village and some of the best viewpoints. This village offers you many opportunities to see the local culture, farming style, the mountains of Mt. Annapurna II (7937m), Mt. Annapurna IV(7525m) and the beauty of Lamjung Himal very closely.

Distance:

4-5hrs

Highest Altitude:

1980m

Accommodations:

Local guest house

Day 06: Tara hill top via Galekharkha

After waking up for sunrise, you have breakfast enjoying the snow-capped mountain light. You will be ready for a long, beautiful day. When you pass the village, the mountain view becomes much closer to you and you can enjoy it more beautifully. Today your trek is mostly in the forest area where you will find some goat farming or buffalo farming along the way. When you reach Tara Top(2800m), you can have a 360-degree view of Mt. Annapurna, Mt. Fishtail, Mt. Mardi, Mt. Manaslu and Mt. Dhaulagiri range of mountains. Your leader provides you with a packed lunch on the way. After a breathtaking view, you will be descending down through the forest to reach Ghalekharka. You will still see the Himalayas and lovely villages of mixed ethnic groups of people living here.

Highest Altitude:

2800m

Accommodations:

Home Stay

Day 07: Galekharka to Pokhara

After breakfast, you will be heading down to Bhurjung Khola for approx. 2 and a half hours. Here, you will find the good road and the transport which was waiting for you. So, you take a one and half hour drive to Pokhara. When you arrive at Pokhara, you will find a good hot shower in the hotel. You can rest, relax and then explore various places and streets of Pokhara.

Highest Altitude:

1620m

Accommodations:

Hotel

Day 08: Pokhara to Kathmandu

Today you will be back in Kathmandu by tourist bus. you will have a late breakfast/ lunch on the way to the highway restaurant in Kathmandu. Enjoying the scenes around the route, you reach Kathmandu around 3 pm.

Highest Altitude:

1400m

Day 09: Final Departure

Today is the last day of our Trip, it is the time to say goodbye and return to the real world. If you have some time left, you can do some souvenir shopping or sightseeing around the hotel. A representative from Himalayan 360 will collect you from the hotel and take you to the airport 3 hours before your departure.

COST

Cost Includes

- Airport Pickup after Arrival in Kathmandu on Request
- All Land Transportation as per Itinerary
- 3 Meals per Day During the Trek (B L D) Including Tea or Coffee
- An Experienced, English-Speaking and Government-Licensed Trek Leader and Assistant Trek Leader (6 Trekkers: 1 Assistant Guide)
- Porter Service (2 Trekkers: 1 Porter)
- All the Staff Salary, Insurance, Equipment, Domestic Airfare, Food and Accommodation
- Down Jacket and Sleeping Bag (To be returned after the Completion of the Trip)
- All the Required Paperwork, Documents
- Trekking Permits (National Park Permit and TIMS)
- All the Local and Governmental Taxes
- Medical Kit (Carried by Trek Leader)

Cost Excludes

- International Flight and Visa Fees
- Trekking Equipment
- Extra Baggage Charges
- Extra Night Accommodation in Kathmandu (In case you arrive early or depart late or return early from the mountain due to any reason) than the Scheduled Itinerary
- Lunch and Dinner in Kathmandu

- Any Type of Personal Expenses such as Alcoholic Beverages, Phone Bills, Internet Bills, Laundry, and Hot Shower
- Emergency Rescue and Travel Insurance
- Trip Cancellation Cost
- Accident or Health Issues
- Loss, Theft, or Damage of Personal Properties (We advise you to take out Personal Travel Insurance)
- Tips and Gratuities

Group Discounts Available

No. of Persons	Price per Person
1+	USD 740

FAQ's

What is the difficulty level of the trek?

The trek is considered to be of moderate difficulty, with some steep climbs and descents. However, it is suitable for people with a good level of fitness.

What kind of accommodation can I expect during the trek?

You will be staying in eco-friendly homestays, which are traditional village houses that have been converted for tourists. The accommodation is basic but comfortable.

What is the best time to go for the trek?

The best time to go for the trek is from September to November and from March to May.

Can I do this trek independently or do I need to book a package?

You can do this trek independently, but it is recommended to book a package as it includes the necessary permits and guide services.

Address

Address:

Galkopakha Marg - Kathmandu - Nepal